



Totley Primary School
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Headteacher: Mr Ben Paxman
Chair of Governors: Mr Alex Munro

Tuesday 8th September 2020

Dear parents and carers,

As you may already be aware, we do have children in school with severe allergies to all types of nuts (including coconut) and sesame. In some cases, this is so sensitive that anaphylaxis (allergic reaction) can occur as a result of digestion, inhalation or any other contact with nut or sesame-based products. For their safety, all nut and sesame based-products are not allowed on the school premises.

Please do not send your child into school with any nut or sesame-based products for a snack or packed lunch – this includes products that may contain traces of nuts or sesame. Potential allergens could include the following:

- Spreads, e.g. chocolate spread
- Cereal bars
- Some types of biscuit containing nuts and seeds
- Condiments, e.g. satay sauce
- Cakes containing nuts
- Some snack pots containing nuts
- Hummus

It is important that you check the labelling of food products before sending your child in to school with them – it is not always apparent that products contain nuts/sesame or traces of nuts/sesame. The school kitchen, as you would expect, is 100% nut and seed free.

Thank you for your support in this matter of utmost importance.

Yours sincerely,

Ben Paxman - Headteacher

