

Autumn 1	<b>1 Keeping myself safe</b>	<b>2 Keeping myself physically healthy</b>	<b>3 Keeping myself mentally healthy</b>	<b>4 Protected Characteristics</b>	<b>5 Protected Characteristics</b> How can we challenge gender stereotypes? 	<b>6 Protected Characteristics</b> What does it mean to get married? 	<b>7 Online safety</b> What should we do if we feel uncomfortable online?
	How do trusted adults keep me safe?	How can I make sure I keep myself clean and healthy?	How can the zones of regulation help me?	What are the protected characteristics? Introduce PC poster and what it means for us.	<b>Book:</b> Not All Princesses Dress in Pink <b>Theme:</b> colours for all genders.	<b>Book:</b> Uncle Bobbie's wedding <b>Theme:</b> How do families change when someone gets married?	Class online safety action pledge.
Autumn 2	<b>8 Relationships and family</b>	<b>9 Attitudes to Learning</b>	<b>10 The Golden Rules</b>	<b>1 Keeping myself safe</b>	<b>2 Keeping myself physically healthy</b>	<b>3 Keeping myself mentally healthy</b>	<b>4 Protected Characteristics</b> Are all disabilities visible? 
	What are the roles in my family?	What are the 6 Attitudes to Learning and what do I need to do?	What do I need to do to follow the Golden Rules?	What should I do if I feel unsafe?	What makes a healthy snack and lunch?	How can I tell how others are feeling?	<b>Book:</b> All My Stripes <b>Theme:</b> Autism awareness
Spring 1	<b>5 Protected Characteristics</b> Why do some people cover their head? 	<b>6 Protected Characteristics</b> What does it mean to be transgender? 	<b>7 Online safety</b>	<b>8 Relationships and family</b> 	<b>9 Attitudes to Learning</b>	<b>1 Keeping myself safe</b>	
	<b>Book:</b> Proudest Blue <b>Theme:</b> What is a hijab and what can it represent?	<b>Book:</b> Introducing Teddy <b>Theme:</b> What is transgender?	See RSHE planning – Year group specific	<b>Book:</b> Love Makes a Family <b>Theme:</b> What are the special ingredients for a family?	How can I earn my next star?	What do we do in school to keep everyone safe?	
Spring 2	<b>2 Keeping myself mentally healthy</b>	<b>4 Protected Characteristics</b> What is discrimination? 	<b>5 Protected Characteristics</b> What is equality? 	<b>6 Protected Characteristics</b> Democracy and equal opportunity 	<b>7 Online safety</b>	<b>8 Relationships and family</b> What does divorce mean? 	
	What's the recipe for a good night's sleep?	<b>Book:</b> The Stone Thrower <b>Theme:</b> The courage to overcome discrimination and prove others wrong.	<b>Book:</b> The Day the Crayons Quit <b>Theme:</b> Giving equal opportunities. <a href="#">Display idea</a>	<b>Book:</b> Here We Are: Notes for Living on Planet Earth <b>Theme:</b> What advice would you give to someone moving to planet earth?	See RSHE planning – Year group specific	<b>Book:</b> Do you sing tinkle? <b>Theme:</b> How can life change if a marriage ends?	
Summer 1	<b>9 Attitudes to Learning</b>	<b>10 The Golden Rules</b>	<b>1 Keeping myself safe</b>	<b>2 Keeping myself physically healthy</b>	<b>3 Keeping myself mentally healthy</b>	<b>4 Protected Characteristics</b> Race and ethnicity 	<b>5 Protected Characteristics</b> Individual liberty 
	How can I earn my next star?	What do I need to do to show the 4 Golden Rules?	What do we do in school to keep everyone safe? (2)	A mile a day...	What strategies help me most to stay in the green zone?	<b>Book:</b> Mixed Me <b>Theme:</b> What does it mean to be mixed race?	<b>Book:</b> The Dot <b>Theme:</b> How can I be creative? What would I say?
Summer 2	<b>6 Protected Characteristics</b> What is LGBTQ+ history? 	<b>7 Online safety</b>	<b>8 Relationships and family</b> What does it mean to be adopted? 	<b>9 Protected Characteristics</b> What is racism? UN Refugee Week. 	<b>Democracy</b> <b>2<sup>nd</sup> July, 1928- Equal Franchise Act gained Royal Assent</b> 	<b>Keeping myself mentally healthy</b>	
	<b>Book:</b> Sewing the Rainbow <b>Theme:</b> What do we celebrate in Pride Month?	See RSHE planning – Year group specific	<b>Book:</b> Tell Me Again About The Night I Was Born. <b>Theme:</b> What does it mean to be adopted?	<b>Book:</b> Leaf <b>Theme:</b> Refugees. <a href="#">Ruth's story.</a>	<b>Book:</b> Sofia Valdez, Future Prez <b>Theme:</b> How can we, as children, make things change?	Change ahead! Why is change a good thing?	What do I want someone's first impression and lasting memory of me to be?

Planned for teachers	Planned by teachers	M	T	W	TH	F
FS2 and KS1	Retrieval Practice	Picture News	PD assembly	Phase assembly- story	Celebration Assembly	
KS2	Retrieval practice and trailblazing composers					Phase assembly- story

**Retrieval Practice**

Children think about and share their ideas about the story from their phase assembly.

**Trailblazing composers**

In KS2, children learn about a different composer each week. They listen to a seminal piece by them and learn about why the individual could be considered a trailblazer.

**Picture News**

Each week, children learn about a current news story and discuss thought-provoking questions. A powerful link is made to demonstrate the British Values in action.

**PD assembly**

See above for the theme. The question/theme is shared with children at an age and stage appropriate level.

**Phase assembly – story**

A story-based assembly to explore important topics and issues. These may be in response to current affairs, national and international celebrations or anniversaries, or community or national events.

**Celebration Assembly**

Chance for children to share exceptional work and messages from the Head Teacher.