



## Dear Parent/ Carer

A couple of spaces have become available in our Y4/5/6 Forest Skills club on Tuesdays 3.20-4.50pm with Kat and Will – as Y6 have revision classes this term and can no longer attend. We are therefore also opening it to Y3 for the next 2 terms. Y3 can also attend on Thursdays in the Y1/2/3 club if they prefer. If you would like to book a place for your child, go to the school ParentPay. You are allowed to book a 2<sup>nd</sup> club for your child now.

The aim of our Forest Skills sessions is to connect children back to nature whilst having fun and learning new skills. Things we get up to are: foraging, den building, mini beast hunts, nature craft including using tools, woodwork, learning how to build and light fires, cooking safely on fires, lots of child led play opportunities like rope/ tyre swing, tree climbing/ climbing walls, hammocks, creating things in the mud kitchen, digging. We also play some wide games and do team building games over the year too. Our sessions often have a theme linked to the seasons and nature awareness days as well as catering for what the children would like to do and following the forest school ethos of a child led approach as much as possible.

Classes for <u>Spring term</u> will run until school breaks up for Easter.

Each session costs £8.50 per child. The session runs for 1hr 30 so longer than normal after school clubs and includes a snack (often cooked on the fire) and a drink of hot chocolate/ hot juice in colder months. We keep our groups small with a maximum of maximum of 16 children with 2 Forest School Instructors.

For the sessions, children <u>must</u> bring joggers/leggings/ trousers as there are brambles/ nettles on site, a long sleeved t shirt, <u>extra</u> layers in winter, waterproofs - coat and trousers/ sallopettes, wellies, warm socks, (gloves, hat in cold months) (sun hat/ suncream in warm months) - as we are out in all weathers!

Also follow us on Fitkidssheffield on Facebook to get updates and photos so you can see what they get up to!

Kindest regards

Sue Charles (Director and Lead Instructor)





